



Team Nutrition e-Newsletter – Sharing Team Nutrition Resources and Ideas
Vol 1 April 2003

The Team Nutrition e-Newsletter will be published periodically to share Team Nutrition resources developed by USDA and State agencies, and share ideas for implementing Team Nutrition at the State and local levels to promote healthy eating and physical activity.

In this issue –

1. What is **new** at the Healthy School Meals Resource System (HSMRS)?
 2. What is **new** at the Child Care Nutrition Resource System (CCNRS)?
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Healthy School Meals Resource System (HSMRS) - As USDA's Training and Technical Assistance Component, HSMRS assists State and local school and child care food service programs to meet the Dietary Guidelines. By using this Resource System, school and child care school nutrition personnel and trainers can easily locate appropriate and useful materials. HSMRS is also part of Team Nutrition; its database stores Team Nutrition materials developed by State agencies.

The Resource Café: Look, learn, become enlightened! The HSMRS Training Materials Database has a new name and new image! Now called the [Resource Café](#), this section of the Web site continues to be the source to find nutrition education materials for students, training materials for staff, new recipes and new ideas. The powerful search options of



the Resource Café will help you target the materials you want on the first try. Additional tabs have been added to the top of the Resource Café page to assist users in searching the Café, borrowing materials from the National Agricultural Library, and more. Check it out at: http://schoolmeals.nal.usda.gov/Resource_Cafe/index.html.

The Training Center: Training is vital to the success of any food service operation! The HSMRS [Training Center](#) is the place to sharpen your skills and gather tools to help train staff. Visit the Training Center and find information about upcoming conferences and distance education, browse through the collection of online training materials, and find icebreakers and other training tools! Check it out at: <http://schoolmeals.nal.usda.gov/Training/index.html>.

Topics A to Z: [Topics A-Z](#) is a list of alphabetically organized hot topics in school food service. Subject areas covered include: 5 a Day; Farm to School / School Gardens; Healthy School Nutrition Environment; Food Allergies, Special Diets, and Special Needs, and much more! Check it out at: <http://schoolmeals.nal.usda.gov/Resource/index.html>.

Recipes and Menus: The [Recipes and Menus](http://schoolmeals.nal.usda.gov/Recipes/index.html) section features nutritious and creative quantity recipes for school food service, as well as recipes for special religious and dietary needs, recipes for commodity usage, and more. View recipes, instructions, and nutrition analysis in full text, many in color and with photos! Check it out at: <http://schoolmeals.nal.usda.gov/Recipes/index.html>.

Food Safety: The [Food Safety](#) section of HSMRS answers the school food service professional's need for food safety information! Visit this section to view Federal and state Food Codes, state developed food safety education materials, and more.



Check it out at: <http://schoolmeals.nal.usda.gov/Safety/index.html>.

<http://schoolmeals.nal.usda.gov/New/index.html>...*But wait, there's more!* This is only a sampling of what the Healthy School Meals Resource System has to offer! To explore all the possibilities, visit the home page at: <http://schoolmeals.nal.usda.gov/>. If you can't find what you want, have a question or comment, please send us an email at: schoolmeals@nal.usda.gov.



Child Care Nutrition Resource List (CCNRS) provides resources and information on preparing nutritious meals and snacks to day care providers who participate in the Child and Adult Care Food Program (CACFP).

Resources: CCNRS recently updated its [Resources](#) page to include separate pages for finding child care nutrition related posters and brochures, food and menu ideas, interactive nutrition Web pages, and more! Check it out at: <http://www.nal.usda.gov/Childcare/Resources/index.html>.

Recipe Roundup: Need kid-friendly recipes? Looking for quantity recipes that meet the CACFP meal pattern requirements? [Recipe Roundup](#) offers all this and more! Check it out at: <http://www.nal.usda.gov/Childcare/Recipes/index.html>.

CACFP Info: The [CACFP Info](#) section offers guidance on CACFP Regulations, meal pattern requirements, income eligibility, and more. Check it out at: <http://www.nal.usda.gov/Childcare/Cacfp/index.html>.

About USDA's Team Nutrition - Team Nutrition is an integrated, behavior-based, comprehensive plan for promoting the nutritional health of the Nation's children. Team

Nutrition uses three behavior-oriented strategies: 1) provide ***training and technical assistance*** to help Child Nutrition Program foodservice professionals to prepare and serve nutritious meals; 2) provide multifaceted, integrated ***nutrition education*** for children, their parents, and other adults who influence children's behavior; and 3) build ***school and community support*** to create a healthy school environment that is conducive to healthy eating and physical activity.

For more information regarding USDA's Team Nutrition and how to enroll your school as a Team Nutrition School, go to USDA Web site at <http://www.fns.usda.gov/tn>

What is New on USDA's Team Nutrition Web site? – Check it out at <http://www.fns.usda.gov/tn/New/index.htm>